

## Ashland Valentines Invite 2018-February 10, 2018



Hosted by: Ashland high school & Bay Area Gymnastics  
Event Location: Ashland High School, 1900 Beaser Ave, Ashland WI 54806

### Schedule of Events:

**9:00am** Gym Opens for Stretching and Bar Settings  
**9:45am** Coaches, & Judges meeting in the hospitality room  
**10:00am** March in  
**10:15am** Round 1 begins

Equipment: AAI Elite Uneven Bars      AAI Classic Reflex Beam      AAI Tack Ten Vault Table  
Resulite Spring Floor with Cross Link Foam and AAI carpet

Meet Format: Modified Capitol Cup format. 10 minutes per event for warm up or 2 min per gymnast up to 10 min.

You may enter up to **6 athletes per event.**

Awards: 1-6 for events and all-around. 1<sup>st</sup> and 2<sup>nd</sup> place team award.

Locker rooms will be assigned

**Ashland-4**                      **Chequamegon-5**                      **Grantsburg -6**                      **Lakeland-7**  
**Medford - 1**                      **Superior-2**                      **Washburn-3**

	<b>VAULT</b>	<b>BARS</b>	<b>BEAM</b>	<b>FLOOR</b>
<b>ROUND 1</b>	<b>1</b>	<b>7</b>	<b>5</b>	<b>3</b>
<b>ROUND 2</b>	<b>2</b>	<b>1</b>	<b>6</b>	<b>4</b>
<b>ROUND 3</b>	<b>3</b>	<b>2</b>	<b>7</b>	<b>5</b>
<b>ROUND 4</b>	<b>4</b>	<b>3</b>	<b>1</b>	<b>6</b>
<b>ROUND 5</b>	<b>5</b>	<b>4</b>	<b>2</b>	<b>7</b>
<b>ROUND 6</b>	<b>6</b>	<b>5</b>	<b>3</b>	<b>1</b>
<b>ROUND 7</b>	<b>7</b>	<b>6</b>	<b>4</b>	<b>2</b>

Just a few reminders ~

Do not leave any personal items in the locker rooms

Following the competition, we will have a handstand contest

**We invite your team to join in the fun and make a festive Valentines team poster for the poster contest.**

There will be concessions.

Looking forward to a great meet ~ Linda Simanovsky and Donna Kurilla

If you have any questions, you can reach Linda at 715-292-3710(cell) 715-682-7059 (gym)

Revised – 1/26/18