**Hudson High school**

 1501 Vine Street

 Hudson, WI 54016 Athletic Director: Stephanie DeVos

 Head Boys Swim Coach: Ross Campbell

 **Big Rivers Conference Boys Swim and Dive Meet**

**TO:** Athletic Director, and Head Swim and Dive Coaches

**FROM**: Stephanie DeVos, Athletic Director

**RE**: Boys BRC Swim & Dive Conference Meet February 2, 2019

**TIME**: Doors open at 7:30 AM - As per Big Rivers Conference Bylaws

 **DIVING**  The complete diving meet will be in the morning

* 8:15 AM - Coaches Meeting – Pool Office
* 8:30-9:50 AM – Warm-ups
* 9:00 AM – Score Sheets due – Balcony open at 9:00 AM
* 10:00 AM – Competition to finals

 **SWIMMING**

* 12:00 PM – Coaches Meeting – Hospitality Room (Cafeteria)
* 12:30-1:20 PM – Circle Swim--No Assigned Lanes
* 1:20-1:45 PM – Sprints off Blocks – Lanes 2,3,4,5

 Relay Starts – Lanes 6,7

 Circle Swim – Lane 1,8

* 1:45 PM – Clear pool, Test timing system, Team Introductions
* 2:00 PM – Timed Finals (15-minute break after the 50 Free)

**OFFICIALS**: Tom Miller, Mary Randall, Stephen Byrd, Edhem Muminovic

**MEET MANAGERS**: Paul Cicha, Amy Salama, and Stacie Ramthun

**LOCKERS**: Locker rooms will be assigned upon arrival. They will not be locked during the day, so all valuables should be accounted for. The cafeteria will be available for athletes to relax, eat, etc.

**TICKETS**: Prices: Adults $5.00/Students $4.00

**CONCESSIONS**: Will be sold onsite in the cafeteria area (no t-shirts will be sold).

**HOSPITALITY:** Breakfast and lunch will be provided for coaches and officials in the pool office.

**ENTRIES**: Deadline to submit entries: **Paul Cicha at** **pcicha427@gmail.com** **by 3:00 pm Tuesday, January 29th.**

* Each team is allowed 36 individual entries and 2 relays per event total.
* Athletes may enter a max of 4 events with no more than 2 individual events (2 Individual / 2 Relay or 1 Individual / 3 Relay).
* Best verified times from the current season’s meets must be used as entry times.
* All teams will list athletes with their school year as (9, 10, 11, 12) or (fr, so, jr, sr).
* Teams will be allowed 18 individual Junior Varsity entries and 2 relays per relay event.
* JV athletes will be entered into the odd numbered events.

 **Relays:**

* Coaches must complete a relay card listing a maximum of eight individuals and declaring on the relay card the four swimmers, including the lead-off swimmer, who will compete in each relay and alternates.
* Relay cards must be completed and turned in to the meet referee before coaches leave from the coaches swim meeting.
* Coaches will be allowed to change the designated four swimmers until:
	+ 200-yd Medley Relay: End of coaches meeting
	+ 200-yd Freestyle Relay: End of the 100 freestyle
	+ 400-yd Freestyle Relay: End of the 100 backstroke

 **Diving:**

* Divers must have completed at least 3 meets with at least one of them being an 11-dive meet.
* Diving will be seeded by lot at the start of the meet. Diving cuts will be made after round 5 to 20 and then after round 8 to 16 (if necessary). At this time the finals will be seeded by score.
* The JV diving event will be a 6 dives.

 **Substitutions:**

* Substitutions will be permitted only in the case of illness or injury.
* Any substitution must be brought to the meet manager 10 minutes before the coaches meeting.
* Substitution must assume the heat and lane of the original entry.

 **Scoring:**

* The championship meet will use 16 place scoring with relays being doubled.
* Varsity and JV events will be scored.
* In all instances, National Federation High School rules will apply.
* Each team has an account.  This is the same account used for WIAA swimming entries, so please access the existing account.

**CONFERENCE**

**MEET EVENT**

**LIST:**

1. Diving (11-dive) JV 13. 100 Freestyle JV

2. Diving (11-dive) Varsity 14. 100 Freestyle Varsity

3. 200 Medley Relay JV 15. 500 Freestyle JV

4. 200 Medley Relay Var 16. 500 Freestyle Varsity

5. 200 Freestyle JV 17. 200 Freestyle Relay JV

6. 200 Freestyle Varsity 18. 200 Freestyle Relay Var

7. 200 IM Junior Varsity 19. 100 Backstroke JV

8. 200 IM Varsity 20. 100 Backstroke Varsity

9. 50 Freestyle JV 21. 100 Breaststroke JV

10. 50 Freestyle Varsity 22. 100 Breaststroke Varsity

11. 100 Butterfly JV 23. 400 Freestyle Relay JV

12. 100 Butterfly Varsity 24. 400 Freestyle Relay Var

**OTHER**: Only athletes competing in the meet will be allowed on deck. All others will have to buy a ticket and watch from the balcony. We do have a concern about the deck being too crowded and may have to adjust the day of the meet. Spectator seating for swimming will open at 1:15 PM.

 Please shave before you get here. Also, **no oil products allowed on site.**

**AWARDS**:   Medals will be awarded for first, second and third, but we will recognize thru 8th place. All award recipients must wear their official team top to participate in the awards ceremony. A plain top/T-shirt or a shirt with the school name is acceptable. Diving awards will be given out immediately after the diving competition is completed. Divers will also be recognized after the 200 Medley Relay during the swimming portion of the meet. Individual swimming awards will be given out one full event later. Breaststroke awards will be after the JV 400 Free Relay.

**TRAINER**: Will be on site throughout the day.